

813 Range Street
North Mankato, MN 56001
July 10, 1984

Mr Bill Coats
802 Easy Street
Garland, Texas 75042

Dear Mr. Coats:

I met you at Minneapolis, Minnesota on May 1 and 2, 1984, and enjoyed both of your presentations. Forever Living Products has changed my whole life, and I would like to share my story with others.

I was introduced to Forever Living Products Aloe Vera juice in June, 1982. I began drinking one ounce twice daily. Within two weeks, I was no longer taking a nap after working at my fulltime job. Also, it was the first time in 18 months that I was able to sleep through the entire night without waking because of pain. After two weeks, I applied the FLP Aloe Heat Lotion twice daily to my knees, neck, and lower back. In two days my pain dulled. I was excited because nothing had ever dulled my pain before. I had more energy and gradually my pain lessened. Today, I have little if any pain in my body. On occasion I do get headaches and neck spasms. I apply FLP Activator to the forehead and the nape on the neck and use an ice pack. Within minutes the pain pressure lessens and usually the spasms stop within an hour. I then apply FLP Aloe Lotion.

I continue to drink about three ounces of juice three to four times a day, apply FLP Activator then massage with the FLP Aloe Heat Lotion to the knees, neck, and lower back. Also, I take two to four FLP Bee Pollen and one FLP Bee Propolis daily. I also use all the FLP products and have always been successful using them.

I am now 37 years old. At the age of 10, I had rheumatic fever, then I was blessed with a curvature of the spine. For 25 years, I had a continuous backache. In the 1960's, I was diagnosed as having ulcerated colitis. was hospitalized 26 times in three years (St. Mary's Hospital, Rochester, Minnesota three times) and became a walking death. I lived on baby food, Valium, Librax, and numerous antibiotics. My hemoglobin count was 9 (normal for a female is 12-14), my skin resembled fish scales, and I had tremendous hair loss. In 1968, I had three large polyps removed from the diseased colon, but the colitis continued to wear at my, body. It was until 1972, that the surgical area of the colon finally healed, but Mayo Clinic doctors told me to learn to live with the colitis. The 1970's brought me even more misery. I injured both knees damaged ligaments in the thighs and knees were left untreated by the attending physician. Gradually the knees worsened. In 1973, I fell injuring my lower spine (same area where the curvature was). A two-week stay at St. Mary's Hospital, Rochester, ended with the Mayo doctors advising me to learn to live a life of traction, muscle relaxers, pain pills, therapy and expect to have "the back go out" three or four times a year which would mean hospitalization or total bed rest at home.

By 1978, I had arthritis in both knees and the hands. I could no longer walk any distance, climb stairs, and wasn't comfortable standing, sitting, lying, or walking. Knee surgery on the right knee indicated knee joint replacements would be necessary when I could no longer stand the pain or could no longer walk- whichever came first. The spine continued to give me more pain and in March 1978,

I developed severe neck pains. Finally in March 1979, Mayo surgeons removed aneurogem'c tumor from the neck region. They thought this would relieve the pain. No relief—the neck pain, headaches, and spasms worsened. Pain Clinic, bio-feed- back, more traction and therapy showed no significant progress.

In the fall of 1981, I had a headache for seven weeks. The muscle relaxers, home traction and therapy did nothing. I was finally hospitalized at Mankato, Minnesota for 11 days. I was put in neck traction and given heavy doses of pain pills. The stomach and colon flared up. A stomach x-ray revealed I now had an ulcer at the opening of my stomach. More pills and pain. After the hospitalization, I was put in a body cast to curtail the tower back pain. The pain in the back lessened but the neck and knees worsened. Six weeks later, the cast was removed and I had more pain than ever in the spine.

A trip back to Mayo Clinic in early 1982, emptied my purse again and drained me of any hope of freedom from my living hell. I was told to continue with the traction and therapy and limit the use of the muscle relaxers because I was addicted to them.

Tell me Forever Living Products Aloe Vera, Bee Products, and Nutritional Diet with Aloe don't work, and I'll laugh at you! My husband, Gerry, and son, Mike, are grateful that I finally had the courage to try FLP. They never thought FLP could help. They were surprised when they saw the changes in my daily activities. I was almost scared to believe this was happening to me. Finally we were a family working and playing together!

I am free from my living hell, and I attest my restored health to the daily and continuous use of the FLP products. Mike and Gerry also use the FLP products daily to preserve their good health.

I have had no aspirin in my body for over 10 months, no pain pills for two years (since day one of taking the FLP juice). I eat everything I want to eat-too much as I am now on the FLP Nutritional Diet Program! And yes, there are still people who don't understand and say, "Isn't this product expensive?". They don't know the price I paid for 25 years of ill health!

Sincerely,

Deanna K. Miktas

I give my permission to Mr. Bill Coats to print my testimonial and use it as desired.