

"HYPOGLYCEMIA" (Low Blood Sugar)

May 30, 1979

I've had symptoms of hypoglycemia most of my life. Even after a glucose tolerance test confirmed my problem, most doctors didn't know how to treat it. Some said "It's all in your head" or "It's just a fad you women have grabbed on to", or to the other extreme surgery. One day after I kept blacking out in a doctor's office, he became alarmed and suggested I have immediate exploratory brain surgery! He was most upset when I refused to have the surgery and he wouldn't accept the fact it was hypoglycemia.

I had faithfully followed the "no sugar - low starch" diet for a long time without much success. Added herbs and mega-vitamins which helped considerably but still had dizzy spells, migraine headaches, muscle spasms, chronic sore throat, temporary amnesia at times, blurred vision, nausea, heart palpitations and legs buckling at inconvenient times such as while shopping or crossing busy streets where there was nothing to hold onto. Twice I blacked out while playing the organ for church services....other times fell headlong down stairs during a sudden dizziness.

After a month of taking the Better Living Products juice these symptoms became less and my energy increased. (I had tried two other brands but with no noticeable results). Each week from then on my health rapidly began to improve. The migraine headaches are gone, no more numbness in my left arm, heart beat is now normal, my hair has come back in thick and manageable, no more dizziness or blackouts or legs buckling unexpectedly. No more kidney infections. My vision has cleared up. I no longer have to eat every two hours - can fast 24 hours without any side effects. I feel absolutely wonderful and have tremendous energy, pep and enthusiasm. I had extremely low blood pressure for years; it is now normal. I feel better now than ever before in my life.....Super Great and it's wonderful!!!!

Whenever the little ones in our family get scrapes or bumps they come running for aloe vera. They prefer the aloe lotion on abrasions as the gel sometimes smarts. For deep cuts and burns though we prefer the Gel, also for teen-agers acne. Any diaper rash soon disappears with the lotion. We like the Gel too for canker sores, bee stings, hemorrhoids, muscle spasms, etc. The activator has been wonderful for earaches and eye infections.

We keep a supply of aloe vera in each car and throughout the house!!! It has to be the Better Living Products brand however!

Signed:

La Dera Blake
Meridian, Idaho